



THE CHAPIN SCHOOL

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August 9, 2014

Dear Parents of Middle School Students,

Classes 4-7 have many options to get involved in sports electives, clubs and teams. Below you will find all the information you need to plan and to decide which sports activities your daughter will select throughout the year. The online forms are posted on the Athletics portion of the website; click on Middle School Sports and see what's new.

For your convenience, I've included some of the web information below. If you get a chance, also check out all of the different areas of the Athletics portion of the website so you get used to navigating around to team pages, the Athletic Director's blog, the Middle School Sports page, and more!

You can find complete team, club and elective schedules on our Chapin Athletics team pages of the Chapin web site. Please keep in mind that team schedules change periodically due to facility availability, opponent's calendar changes, and/or bad weather.

- A sign-up form for ALL fall sports activities is now available on our website.

How to find live and up-to-date schedules:

The web calendar is live, so any updates will be posted immediately. It is recommended that you visit the calendars regularly. There are two ways to get practice, competition and meeting schedules:

1. Try the "**subscribe**" feature on team pages to add your team or activity calendar to your iCal, Google or Outlook calendars.
2. **If your daughter is on a team, you can also sign up for alerts directly on her team's page by clicking on the "Alerts" button. This is highly recommended.**

I hope that this information is helpful as you plan for next year. If you have any questions, do not hesitate to send me an email.

Enjoy your summer and I look forward to seeing your daughters in September!

Sincerely yours,

Michelle L. Caywood

Michelle L. Caywood

Director of Athletics

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2014-2015 MIDDLE SCHOOL SPORTS TEAMS AND SPORT ELECTIVES QUICK OVERVIEW

FALL

Mondays: 4's PE Club, 7/8 Volleyball Team, 7/8 Soccer Team

Tuesdays: 5/6 Soccer Team, 5/6 Volleyball Team, Varsity Gymnastics (by tryout only - 7's only)

Wednesdays: 7/8 Volleyball Team, 7/8 Soccer Team

Thursdays: 5/6 Soccer Team, 5/6 Volleyball Team, 5/6/7 Gymnastics Elective, 5/6/7 Swim Elective, Varsity Gymnastics (by tryout only - 7's only)

Fridays: 7/8 Volleyball Team, 7/8 Soccer Team

WINTER

Mondays: 5/6 Swim Team, 7/8 Swim Team, 7/8 Basketball Team, Varsity Gymnastics (by tryout only - 7's only)

Tuesdays: 5/6 Basketball Team, Middle School Gymnastics Club (competitive and spring season required)

Wednesdays: 5/6 Swim Team, 7/8 Swim Team, 7/8 Basketball Team, 4/5 Gymnastics Elective, Varsity Gymnastics (by tryout only - 7's only)

Thursdays: 5/6 Basketball Team, Middle School Gymnastics Club (competitive and spring season required), Varsity Gymnastics (by tryout only - 7's only)

Fridays: 6/7 Track Elective, 7/8 Swim Team, 7/8 Basketball, Varsity Gymnastics (by tryout only - 7's only)

SPRING

Mondays: 4's PE Club, 7/8 Lacrosse Team, 7/8 Track Team, Middle School Gymnastics Club (competitive season)

Tuesdays: 5/6 Lacrosse Team, 5/6 Track Team, 7/8 Track Team, 5/6/7 Swim Elective, Middle School Gymnastics Club (competitive season)

Wednesdays: 4/5 Gymnastics Elective, 7/8 Lacrosse Team, 7's Badminton Intramurals

Thursdays: 5/6 Lacrosse Team, 5/6 Track Team, 7/8 Track Team, 5/6 Badminton Intramurals, Middle School Gymnastics Club (competitive season)

Fridays: 7/8 Lacrosse Team

After School Offerings for Athletics 2014-2015

CLASS 4	FALL	WINTER	SPRING
Class 4 PE Club: A Games Elective offering a variety of fun & active games	Mondays 3 - 4:00 September 8 - October 27		Mondays 3 - 4:00 March 2 - May 18
Gymnastics Elective 4/5		Wednesdays 3 - 3:50 November 19 - February 11	Wednesdays 3 - 3:50 March 4 - May 20
4/5 Fencing Elective		Thursdays 3 - 3:50 November 20 - February 12	

CLASS 5	FALL	WINTER	SPRING
5/6 Soccer Team - instruction, a few inter-scholastic contests, and intramural competition with referees	Tuesdays 3 - 5:30 Thursdays 3 - 5:30 <i>Practices and games will be held at Randall's Island</i> <i>Note: may be later on contest days</i> September 9 - October 21 <i>End of season party at Chapin 10/21</i>		
5/6 Volleyball Team - instruction, a few inter-scholastic contests, and intramural competition with referees	Tuesdays 3 - 5:00 Thursdays 3 - 5:00 Note: may be later on contest days September 9 - October 29 <i>End of season party at Chapin 10/29</i>		
5/6 Lacrosse Team - instruction, a few inter-scholastic contests, and intramural competition with referees			Tuesdays 3 - 5:30 Thursdays 3 - 5:30 <i>Please allow time to travel home from Randall's Island and on game days.</i> March 3 - May 21 <i>End of season party at Chapin May 21</i>
Gymnastics Elective 4/5/6/7	Thursdays 3 - 3:50 (Classes 5, 6 & 7) September 11 - October 30	Wednesdays 3 - 3:50 (Classes 4/5) November 19 - February 11	Wednesdays 3 - 3:50 (Classes 4/5) March 4 - May 20
Middle School Gymnastics Club - By tryouts only - competitive play-days with other school clubs		Tuesdays 3:00 - 5:00 Thursdays 3:00 - 4:15 November 18 - February 10	Mondays 3:00 - 5:00 Tuesdays 3:00 - 5:00 Thursdays 3:00 - 5:00 <i>Note: later on contest days</i> March 2 - May 1* *Jamboree

CLASS 5	FALL	WINTER	SPRING
5/6 Basketball Team - instruction, a few inter-scholastic contests, and intramural competition with referees		Tuesdays 3 - 5:00 Thursdays 3 - 5:00 <i>*later on contest days</i> November 18 - February 12 <i>End of season party Feb. 12</i>	
5/6/7 Swim Elective	Thursdays 3 - 5:00 September 11 - October 30		Tuesdays 3:00 - 5:00pm March 31 - May 19
5/6 Badminton Intramurals - A chance to advance your skills and experience competitive play			Thursdays 3:00 - 4:15 March 5- May 14
5/6 Swim Team - instruction, a few inter-scholastic contests, and intramural competition with referees		Mondays 3:00 - 4:45 Wednesdays 3:00 - 4:45 <i>*later on contest days. Competitions may be on non-practice days. Please confirm dates on the 5/6 Team page on the school website as the season draws near. All athletes are expected to attend all practices and meets.</i> November 17 - February 11	
5/6 Track Team - instruction and two or three interscholastic meets			Tuesdays 3 - 5:00 Thursdays 3 - 5:00 <i>*competition days vary and ending times will be later</i> March 43- May 12 <i>*May 8 is Final Meet; May 12 is end of season party</i>

CLASS 6	FALL	WINTER	SPRING
5/6 Soccer Team - instruction, a few interscholastic contests, and intramural competition with referees	Tuesdays 3 - 5:30 Thursdays 3 - 5:30 <i>Practices and games will be held at Randall's Island</i> <i>Note: may be later on contest days</i> September 9 - October 21 <i>End of season party at Chapin 10/21</i>		
5/6 Volleyball Team - instruction, a few interscholastic contests, and intramural competition with referees	Tuesdays 3 - 5:00 Thursdays 3 - 5:00 Note: may be later on contest days September 9 - October 29 <i>End of season party at Chapin 10/29</i>		
5/6 Lacrosse Team - instruction, a few interscholastic contests, and intramural competition with referees			Tuesdays 3 - 5:30 Thursdays 3 - 5:30 <i>Please allow time to travel home from Randall's Island and on game days.</i> March 3 - May 21 <i>End of season party at Chapin May 21</i>
Gymnastics Elective 5/6/7	Thursdays 3 - 3:50 (Classes 5, 6 & 7) September 11 - October 30		

CLASS 6	FALL	WINTER	SPRING
Middle School Gymnastics Club - By tryouts only - competitive playdays with other school clubs		Tuesdays 3:00 - 5:00 Thursdays 3:00 - 4:15 November 18 - February 10	Mondays 3:00 - 5:00 Tuesdays 3:00 - 5:00 Thursdays 3:00 - 5:00 <i>Note: later on contest days</i> March 2 - May 1* <i>*Jamboree</i>
5/6/7 Swim Elective	Thursdays 3 - 5:00 September 11 - October 30		Tuesdays 3:00 - 5:00pm March 31 - May 19
5/6 Swim Team - instruction, a few interscholastic contests, and intramural competition with referees		Mondays 3:00 - 4:45 Wednesdays 3:00 - 4:45 <i>*later on contest days. Competitions may be on non-practice days. Please confirm dates on the 5/6 Team page on the school website as the season draws near. All athletes are expected to attend all practices and meets.</i> November 17 - February 11	
5/6 Basketball Team - instruction, a few interscholastic contests, and intramural competition with referees		Tuesdays 3 - 5:00 Thursdays 3 - 5:00 <i>*later on contest days</i> November 18 - February 12 <i>End of season party Feb. 12</i>	
6/7 Track Elective		Fridays 2:45 - 3:45 November 21 - February 6	

CLASS 6	FALL	WINTER	SPRING
<p>5/6 Badminton In- tramurals -</p> <p>A chance to advance your skills and experience competitive play</p>			<p>Thursdays 3:00 - 4:15</p> <p>March 5- May 14</p>
<p>5/6 Track Team -</p> <p>instruction and two or three interscholastic meets</p>			<p>Tuesdays 3 - 5:00</p> <p>Thursdays 3 - 5:00</p> <p><i>*competition days vary and ending times will be later</i></p> <p>March 43- May 12</p> <p><i>*May 8 is Final Meet; May 12 is end of season party</i></p>

CLASS 7	FALL	WINTER	SPRING
Class 7/8 Volleyball Team - instruction, a few inter-scholastic contests, and intramural competition with referees	Mondays 3 - 4:30 Wednesdays 3 - 4:30 Fridays 7am - 8am/or 2:45-4:30 <i>*later on game days</i> September 8 - October 27 <i>End of season party Oct. 27</i>		
Class 7/8 Soccer Team - instruction, a few inter-scholastic contests, and intramural competition with referees	Mondays 3:00 - 4:30 Wednesdays 7am - 8am Fridays 2:45 - 5:30 <i>*later on game days</i> September 8 - October 22 <i>End of season party 10/22</i>		
Varsity Gymnastics Team - By tryouts only - In order to be eligible to try out for this level, Class 7 athletes must meet with coaches for approval then pass the state required fitness test and medical exam.	Tuesday 3:45 - 5:30 Thursday 3:45 - 5:30 September 30 - November 6	Mondays 3:15 - 5:15 Wednesdays 4:00 - 6:00 Thursdays 4:00 - 6:00 Fridays 3:00 - 5:00 <i>*later on competition days</i> November 10 - February 20 <i>*note: Championships are Friday, Feb. 20</i>	
Middle School Gymnastics Club - By tryouts only - competitive playdays with other school clubs		Tuesdays 3:00 - 5:00 Thursdays 3:00 - 4:15 November 18 - February 10	Mondays 3:00 - 5:00 Tuesdays 3:00 - 5:00 Thursdays 3:00 - 5:00 <i>Note: later on contest days</i> March 2 - May 1* <i>*Jamboree</i>

CLASS 7	FALL	WINTER	SPRING
Gymnastics Elective	Thursdays 3 - 3:50 (Classes 5, 6 & 7) September 11 - October 30		
5/6/7 Swim Elective	Thursdays 3 - 5:00 September 11 - October 30		Tuesdays 3:00 - 5:00pm March 31 - May 19
7/8 Swim Team - interscholastic competi- tion		Mondays 3 - 5:15 Wednesdays 3 - 5:15 Fridays 2:45 - 4:30 <i>*later on contest days and there are some contests on Tuesdays and Thursdays. Please check the team web page. February 13 AAIS Championships.</i> November 10 - February 12	
Class 7/8 Basketball Team Interscholastic competi- tion		Mondays 3 - 4:30 Wednesdays 3 - 4:30 Fridays 7am - 8am <i>*later on game days</i> November 10 - February 11	
6/7 Track Elective		Fridays 2:45 - 3:45 November 21 - February 6	
7/8 Track Team - Interscholastic competi- tion			Mondays 3 - 4:30 Tuesdays 3 - 5:00 Thursdays 3 - 5:00 <i>*competition days vary and ending times will be later</i> March 2 - May 11 <i>*May 8 is the AAIS Champi- onships; May11 End of sea- son party</i>

CLASS 7	FALL	WINTER	SPRING
<p>Class 7/8 Lacrosse Team -</p> <p>Interscholastic competition</p>			<p>Mondays 3:00 - 4:30</p> <p>Wednesdays 3:00 - 5:30</p> <p>Fridays 2:45 - 5:15</p> <p><i>Note: later on game days</i></p> <p>March 2 - May 15</p>
<p>Badminton Intramurals</p> <p>- A chance to advance your skills and experience competitive play</p>			<p>Wednesdays 3:00 - 4:15</p> <p>March 6 - May 13</p>